



## May is National Skin Cancer & Melanoma Awareness Month

### Learning How to Prevent Skin Cancer May Save Your Life.

#### 9 STEPS TO HELP YOU PREVENT SKIN CANCER:

1. Be Informed - Be careful in the sun.
2. Wear a broad-spectrum sunblock daily with minimum SPF 30.
3. Avoid direct exposure to the midday sun - from 10am to 4pm.
4. Wear sun-protective clothing, wide-brimmed hats and UV protective sunglasses.
5. Monitor your children's sun exposure.
6. Stay in the shade and still wear sunblock!
7. Educate your teens about the dangers of tanning and tanning beds.
8. If you discover a mole, lump or spot on the skin that looks suspicious, have it checked by your physician.
9. Visit your dermatologist annually for a full body skin exam.

Reapply every 2-3 hours when outdoors.

Tanning beds are 10-15% stronger than the sun, increasing the risk of developing melanoma by 75%.

#### 8 Quick Skin Cancer and Melanoma Facts:

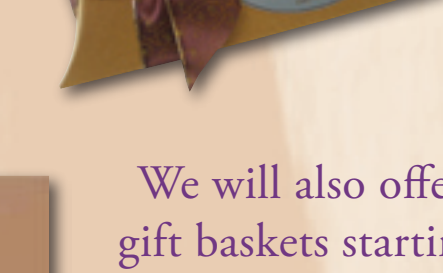
1. Over a million cases of skin cancer will be diagnosed this year; this doesn't include melanoma which causes the most skin cancer related deaths.
2. Skin cancer is one of the most preventable types of cancer.
3. One bad sunburn during the first 15 years of life can double the risk of skin cancer.
4. The risk of some skin cancers can be reduced by up to 78% by protecting the skin during the first 18 years of life.
5. Up to 80% of the sun's rays penetrate clouds and fog.
6. Incorrect use of a sunblock can result in sunburn.
7. Water reflects 5% of the sun's rays, concrete 10 to 12% and snow 85%.
8. To become familiar with and informed about the UV index and UV forecast, go to [www.epa.gov/sunwise](http://www.epa.gov/sunwise). (Save it as a Favorite on your Toolbar)

### Gifts

From May 2nd to May 9th we will offer

**Mother's Day Diamond Peel Gift Cards**

**\$75 each** (\$50 savings)



We will also offer

gift baskets starting

at **\$25 and up**

for Mother's Day,

graduation or a

special teacher!

Call 520.797.8885 to order!

## Procedure Specials

### Intense Pulsed Light

The IPL™ Quantum SR System's technology uses light to rejuvenate the skin. IPL treatments provide a non-invasive therapy that leads to healthier appearing skin by erasing unwanted pigmentation, excess redness, small broken blood vessels and pore size. The IPL therapy can be used on any area of the body to erase the signs of sun damage.

~Face, Neck & Chest - **\$475 per treatment** (\$125 savings)

~Face, Neck & Chest - **\$1350 for package of 3** (\$125 savings)

~Arms & Hands - **\$500** (\$100 savings)



### Spectra YAG Laser



The Spectra YAG Laser is a non-ablative, gentle yet effective treatment for enlarged pores, to reduce fine lines, even out skin tone, treat acne and melasma and tattoo removal.

**Melasma and hyperpigmentation** treatments require one time per week for 7 to 10 weeks, then maintenance as needed every 1 to 3 months. **\$1500 for package of 10** (\$500 savings)

**Acne treatment** \$200 (\$50 savings)

The SpectraPeel treatment is great for skin rejuvenation or photodamage. **\$300** (\$50 savings)

**Tattoo Removal Packages 10% off**

Treatments start at \$250, depending on the size of the tattoo, and may require 8-10 treatments.



Dysport™  
abobotulinumtoxinA

BOTOX®  
Cosmetic

Buy 2 areas,  
get 1 FREE!

## Product Specials

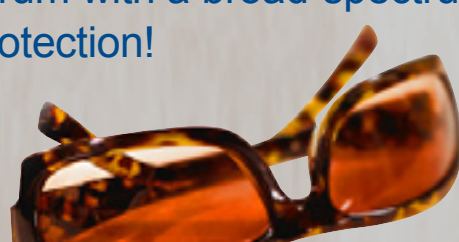


**10% off ALL Sunblocks!**



#### 10% off SkinCeuticals Vitamin C Serums

The best broad-spectrum sunscreen can only block up to 55% of the damaging free radicals from UV exposure. SkinCeuticals offers a full line of super antioxidants containing various combinations of pure L-ascorbic acid, alpha tocopherol, hydroxyl acids, ferulic acid and phloretin, all formulated for a variety of skin types. We recommend daily use of an antioxidant serum with a broad-spectrum sunscreen for the best protection!



520.797.8885

For more information

Visit us at SkinSpectrum.com



SKIN Spectrum

the art & science of dermatology