

Your Skinfoformation

Q *With the hot weather, I've been wearing more sleeveless and tank tops, and I've noticed how speckled my chest and arms are. Is there a skin peel that could remove my spots?*

A Even better than a peel, we recommend the Quantum IPL (Intense Pulsed Light) treatment. It is like an eraser for the freckles and spots that most of us have on the arms, chest, and back, making the skin look more even, smooth, and clean. Patients also notice improved skin texture after IPL treatment. You'll be proud to show off your bare arms!

Q *I am 36 years old and still break out all the time. Shouldn't I have outgrown acne by now?*

A In our perfect world, no one would have to deal with pimples or wrinkles at all, much less at the same time. Unfortunately, adult acne is a very common condition, especially among women. It is related to hormonal fluctuations, over which you have little control. The good news is that there are excellent treatments available to help adult acne. Depending on the severity of the acne, we use a combination of pills, creams, nutritional changes, and in-office procedures such as microdermabrasion and lasers to improve breakouts and make you feel good about your skin again.



Q *I have thin lips, and I would love to have them plumped up. But I am so afraid I'll end up looking like those celebrities with lips out to there!*

A We hear you. We aren't fans of the overfilled "trout pout" look either! The goal of lip augmentation is to create lips that are full and defined, but in harmony with and proportional to your facial features. With the proper technique and amount of dermal filler, such as Restylane® or Juvéderm™, you don't need to worry about looking unnatural. The procedure takes just a few minutes, and patients love how their shapely, plump lips enhance their beauty.



Email your questions to:
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